



# “Young Carers’ Fair Futures”

## Inclusion, Empowerment, Support and Impact

### Call for workshop/presentation proposals!

(also known as abstracts)

Proposals are now being sought for presentation at the 4th International Young Carers Conference, “Young Carers’ Fair Futures”.

#### The key conference themes/sub-themes:

Include to Empower: “nothing about us without us”

- Personal stories of **young carers’ involvement** in advocacy work, policy, practice, or research
- **Power sharing with young carers** in service design and delivery, policy making and research
- Experiences of **co-design** in research and development work for and with young carers
- **Empowering young carers** to identify needs for change and creating change on an individual, organisational and/or national level

Identify and Reach: let’s ensure that all young carers are heard

- Reaching out to young carers and, in particular, **unheard/forgotten groups** (e.g. from migrant/refugee communities, LGBTQ, male young carers, siblings carers, rural young carers)
- Cultural/family expectations around caring and their influence on **(self)-identification of young carers**
- **Raising awareness** about young carers - among general public, professionals and policy makers
- **Breaking down barriers and empowering professionals** so that they can identify young carers





Support for Impact: changing the lives of young carers

- **Assessing young carers' needs/goals** and providing support tailored to their individual needs and goals
- Towards **young carer friendly educational and/or employment systems**
- Supporting **young carers' (mental) health and wellbeing**
- **Whole family, multi-stakeholder approaches** to support young carers
- **Innovative service provision, including technology** advancements for and with young carers
- **Positive outcomes of caring** in research, policy and/or practice

Submissions can focus on **research, policy initiative, advocacy work, practice, legislation** or an **experience**.

If your proposal/abstract does not fit into any of the above themes, we are open to and invite submissions on innovative projects, policies and practices relevant to young carers and caring. Abstracts are to be presented and submitted in English.

We particularly welcome abstract submissions from young carers and young adult carers, individuals from the Global South, from PhD students and early career researchers, and practitioners/policy makers.

Reduced conference fees are envisaged for carers' organisations, voluntary associations, non-governmental organisations, students, and young carers.

We wish to provide a creative space, so we can accommodate different formats for presentations:

- **Individual oral paper presentation:** part of a larger session (Time allocation: 15 minutes per paper)
- **Symposium:** 4-6 linked short paper presentations (Time allocation: 1 hour 15 minutes-)
- **Video:** (Time allocation: 5 minutes for the video you have specially prepared or will use, plus 10 minutes approximately for discussion with the audience), part of a larger session.
- **Workshop:** an interactive meeting/educational session on a specific topic (Time allocation 1 hour 15 minutes approximately).





**Please note:** as the conference is an in-person event rather than online, the expectation is that presenters will physically attend the conference.

Submission of abstracts and guidelines for submission are available via this link: <https://eurocarers.org/iycc-2024/abstracts/>.

**Deadline for submissions: 16 October 2023**

Conference webpage: <https://eurocarers.org/iycc-2024/>

If you have any questions, please contact Lucy Henry, Manchester Metropolitan University, UK, [PAtoDirectorofIforCF@mmu.ac.uk](mailto:PAtoDirectorofIforCF@mmu.ac.uk)

